

# The ANSWER

Improve  
your Life  
by Asking  
Better Questions



Lindsay Tighe

Everyone is looking for answers – most of us look in the wrong place and wonder why we don't feel better or why the answer didn't solve the problem.

The **ANSWER** provides an insightful and simple way to finding better answers that we can all use immediately and to great effect.

The overriding premise is that YOU are far more resourceful than you give yourself credit or indeed time for. If we shift our focus to being more empowered and resourceful we will be amazed at the results that can be achieved.

In this thought provoking book you are invited to not only ask yourself better questions; but also to use this skill with others to ultimately provide the opportunity to improve the lives of everyone you interact with.

Lindsay is the CEO of Inspirational Coaching and is a successful and highly regarded speaker, business woman, author and coach who is passionate about inspiring others to improve their own lives and the lives of others.

Described as inspirational, wise and intuitive, Lindsay lives and breathes the philosophy that if you ask a better question you will get a better answer.

She is committed to changing the world by helping people to have more empowered thoughts & conversations with each other to tap into their own wisdom.



~ Lindsay Tighe ~

**If You're Serious About Learning A Skill To Make A Positive Difference In Your Own And Other People's Lives  
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