

DISC Behavioural Profiling (Behaviour)

By increasing your self awareness and your understanding of the impact you have on others through your behaviour, you will gain valuable insight into behaviours and techniques that improve interpersonal communication and team functioning.

DISC can be carried out individually or in a workshop to:-

- identify the range of behaviours and communication styles likely within an organisation
- understand self – why you behave, respond and interact as you do
- understand why conflict and dysfunction may occur
- value others – see the benefits of a diversity of behavioural styles
- match behavioural styles to the needs of a workplace, a particular team or a particular project
- adapt your own behaviour to achieve more effective results from others
- take your team to it's highest potential in all areas of functioning
- become the leader you want to be by increasing your self awareness