

# Coaching Skills for Teachers

## *How to bring out the best in yourself and others*

Successful teachers make time to think, plan and reflect and coaching provides a vehicle for teachers to step back and take time out of their busy schedules to self reflect and increase their self awareness (the first step towards excellence).

By increasing self-awareness through coaching teachers are able to discover more options, make better choices, create positive change and be even more effective in their role.

This dynamic and informative workshop is specifically designed to introduce teachers to coaching principles that really do work and will help to bring out the best in themselves and others.

***“Coaching can move good teachers to become great.”***

Stephen Barkley (Author - Quality Teaching in a Culture of Coaching)

### **This workshop covers:**

- how coaching can be one of the most powerful techniques in drawing out potential
- the secrets to being a great coach
- understanding how one question can transform mindsets
- an introduction to the powerful “GROW model” of questions
- having fun, applying your learning in an experiential coaching activity

Book a professional development workshop for your school before September 1 and receive a 10% discount. \*Conditions apply (the workshop must be delivered within 12 months of the booking). Prices vary depending on the number of participants, travel required and duration of the workshop.

**Please call Inspirational Coaching to discuss your school’s specific needs and create a learning experience they won’t forget.**

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