



## PUBLIC WORKSHOPS

*Come and be inspired at our professional development workshops in 2012!*



### **F**OUNDATIONS OF LEADERSHIP ~ 9.00am to 4.30pm

**8 March, 19 June, 11 October**

*Essential skills for effective leaders*

- ◆ Leaders versus managers and understanding why Emotional Intelligence is critical
- ◆ Starting with you – higher self awareness creates better leaders
- ◆ Effective feedback for outstanding performance

### **B**BETTER LEADERS ASK BETTER QUESTIONS

**~ 9.00am to 4.30pm 19 April, 9 August, 15 November**

*Suitable for Leaders at all levels, this workshop will enhance your leadership style by learning:*

- ◆ How telling can be an inhibitor of potential
- ◆ How you need to redefine your role by changing your mindset
- ◆ Why Better Questions are so powerful
- ◆ How to ask Better Questions and release the potential in your team



### **D**IFFICULT CONVERSATIONS ~ 9.00am to 4.30pm

**20 March, 29 August, 27 November**

*Enhance your communication and assertiveness skills*

- ◆ Why some conversations (and people) are so difficult
- ◆ Becoming a more effective communicator
- ◆ Planning for better results: practical strategies that work!
- ◆ Workshopping the issues: practicing the skills

### **B**UILDING RESILIENCE ~ 9.00am to 4.30pm

**9 May, 31 October**

*Improve the way you handle challenges*

- ◆ The importance of resilience in our lives
- ◆ The impact of beliefs upon our reality
- ◆ Our circle of control and circle of influence

### **U**NDERSTANDING PERSONALITIES AT WORK

**~ 9.00am to 1.00pm 22 February**

*Gain an appreciation on how important all personality and behaviour types are for a balanced and productive workplace*

- ◆ Use of body language and tone
- ◆ Ideal management style
- ◆ Motivational triggers
- ◆ Comfort and 'stretch' zones
- ◆ Gender and generational perspectives



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